

SQoL scoring

The SQoL has 18 items, each with a 6-point response scale (completely agree to completely disagree). Each item can be scored either 1-6 or 0-5, with items 1, 5, 9, 13 and 18 being reverse-scored items.

With items scored 1-6, the total scale score can range from 18 to 108 (or 0-90 if items scored 0-5).

To standardise this to a 0-100 score, the following algorithm should be applied:

Standardised score = (unstandardised score – 18) x 100/90

Thus, a score of 63 (midway between 18 and 108) would be standardised as follows:

$$(63 - 18) \times 100/90 = 50.$$

If the items are scored 0-5 then omit the subtraction of 18 part and simply multiply by 100/90.